

Saint Anne's Terrace
Happy New Year!

January 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:15 St. Anne's Episcopal Church Service 11:00 Meal Service begins 11:15 Holy Communion AR	2 Staff Holiday AR 9:30 Exercise AR 1:00 Bingo AR 3:00 Chair Yoga with Keisha DR 4:30 Meal Service Begins	3 8:00 Van Runs until 3pm CR 10:30 Morning Prayer AR 1:30 Hand & Foot DR 4:30 Meal Service Begins	4 8:00 Van Runs until Noon AR 9:30 Exercise DR 11:00 Town Hall Meeting DR 1:00 Bus runs to Kroger DR 4:30 Meal Service Begins	5 10:00 Jim Howe's Marta Beltline Tour with Lunch at the BBQ Kitchen 4S 1:30 Mahjong DR 4:30 Meal Service Begins	6 8:00 Van Runs until Noon AR 9:30 Exercise DR 11:00 Bus run to Publix DR 12:30 Movie AR 3:00 Chair Yoga with Keisha DR 4:30 Meal Service Begins	7 DR 12:00 Tea Time AR 2:00 Bingo DR 4:30 Meal Service Begins
8 10:15 St. Anne's Episcopal Church Service 11:00 Meal Service begins 11:15 Holy Communion AR 2:00 Sunday Matinee CR	9 8:00 Van Runs until 3pm AR 9:30 Exercise AR 1:00 Bingo AR 3:00 Chair Yoga with Keisha DR 4:30 Meal Service Begins	10 8:00 Van Runs until 3pm DR 10:00 Jewelry Man onsite CR 10:30 Morning Prayer DR 12:00 Yale Acapella Concert AR 1:30 Hand & Foot DR 4:30 Meal Service Begins	11 8:00 Van Runs until Noon AR 9:30 Exercise LB 11:00 Bible Study LB 1:00 Bus runs to Kroger LB 3:00 I Remember Class DR 5:00 Birthday Night	12 9:30 Fernbank 3D Theater with lunch at Mary Mac's 4S 1:30 Mahjong DR 4:30 Meal Service Begins	13 8:00 Van Runs until Noon AR 9:30 Exercise DR 11:00 Bus run to Publix DR 12:30 Movie AR 3:00 Chair Yoga with Keisha DR 4:30 Meal Service Begins	14 LB 10:00 Great Decisions DR 12:00 Tea Time AR 2:00 Bingo DR 4:30 Meal Service Begins
15 10:15 St. Anne's Episcopal Church Service 11:00 Meal Service begins 11:15 Holy Communion AR 2:00 Sunday Matinee CR 4:30 Dinner Outing "Zama Mexican Cuisine"	16 Staff Holiday AR 9:30 Exercise DR 11:00 Meal Delivery Service Begins LB 12:30 Poetry with Jerry AR 1:00 Bingo AR 3:00 Chair Yoga with Keisha	17 8:00 Van Runs until 3pm CR 10:30 Morning Prayer AR 1:30 Hand & Foot DR 4:30 Meal Service Begins	18 8:00 Van Runs until Noon AR 9:30 Exercise CR 1:00 Bus runs to Kroger CR 3:00 ECW: The Most Reluctant Convert (C.S. Lewis) DVD DR 4:30 Meal Service Begins	19 DR 1:00 Atlanta Symphony 4S 1:30 Mahjong DR 4:30 Meal Service Begins	20 8:00 Van Runs until Noon AR 9:30 Exercise DR 11:00 Bus run to Publix DR 12:30 Movie AR 3:00 Chair Yoga with Keisha DR 4:30 Meal Service Begins	21 DR 12:00 Tea Time AR 2:00 Bingo DR 4:30 Meal Service Begins
22 10:15 St. Anne's Episcopal Church Service 11:00 Meal Service begins 11:15 Holy Communion AR 2:00 Sunday Matinee CR	23 8:00 Van Runs until 3pm AR 9:30 Exercise AR 1:00 Bingo AR 3:00 Chair Yoga with Keisha DR 4:30 Meal Service Begins	24 8:00 Van Runs until 3pm CR 10:30 Morning Prayer AR 1:30 Hand & Foot DR 4:30 Meal Service Begins	25 8:00 Van Runs until Noon AR 9:30 Exercise LB 11:00 Bible Study LB 1:00 Bus runs to Kroger LB 3:00 I Remember Class DR 4:30 Meal Service Begins	26 DR 1:00 Wellness Discussion with Taylor Wheaton 4S 1:30 Mahjong DR 4:30 Meal Service Begins	27 8:00 Van Runs until Noon AR 9:30 Exercise DR 11:00 Bus run to Publix DR 12:30 Movie AR 3:00 Chair Yoga with Keisha DR 4:30 Meal Service Begins	28 LB 10:00 Great Decisions DR 12:00 Tea Time AR 2:00 Bingo DR 4:30 Meal Service Begins
29 10:15 St. Anne's Episcopal Church Service 11:00 Meal Service begins 11:06 Sunday Matinee 11:15 Holy Communion AR 2:00 Atlanta Opera "Don Giovanni"	30 8:00 Van Runs until 3pm AR 9:30 Exercise LB 12:30 Poetry with Jerry AR 1:00 Bingo AR 3:00 Chair Yoga with Keisha DR 4:30 Meal Service Begins	31 8:00 Van Runs until 3pm CR 10:30 Morning Prayer AR 1:30 Hand & Foot DR 4:30 Meal Service Begins	<u>Birthdays</u> 1/6 - Tammy Maddox-Powell 1/11 - Billie Ann Wallach 1/14 - Benita Johnson 1/21 - Ruth Anderson 1/21 - Pat Lander 1/25 - Mary Elgin 1/27 - Doreen Peterson 1/31 - Kenneth Pickins	4S - 4th Floor Sunroom AR - Activities Room - 1st Floor CR - Community Room - 5th Floor DR - Dining Room - 1st Floor LB - Library - 5th Floor		