

January 5, 2021

To: Residents/Families

From: Terri Monroe

Quarantine Policy

If you are in quarantine due to being off property this means:

1. You must stay in your apartment for **10 days without** coming out of your apartment.
2. You can call the front desk for your trash to be picked up or for staff to pick up a library book for you.
3. Your family can still visit during the visiting hours.
4. Your neighbors should **not** visit in your apartment.
5. If you receive a negative COVID test you may come off quarantine early.
6. Dietary will deliver your meals to your room.
7. Housekeeping will clean your apartment on the normal day and time.

If you are in quarantine because you have tested positive for COVID:

1. You must stay in your apartment for **14 days without** coming out of your apartment. You must also be symptom free for at least 5 to 7 days, before leaving your apartment.
2. You can call the front desk for your trash to be picked up.
3. Visitation is not allowed during the 14-day quarantine, except for caregivers.
4. Caregivers or any staff member entering your apartment must follow proper PPE protocol. This includes wearing a gown, mask, and gloves. These will be put on before entering the apartment and properly disposed of before leaving the apartment.
5. Housekeeping will exchange your linen at your apartment door. They will clean your apartment when your quarantine ends.

When your quarantine ends please contact Terri Monroe, David Brooks or Antionette Sturm at 404-238-9200 for further instructions regarding COVID testing. The timeline for being tested for COVID is ever changing. I recently sent a memo stating you should wait 4 days after being off property before you are tested for COVID. A family member responded and said when they were tested recently for COVID they were told they should wait 6 days before being tested. The current guidelines are you should wait **5 days** or longer before being tested for COVID when you are asymptomatic.

I hope this helps answer some of the more common questions we have received recently. Feel free to contact me with any questions or concerns at 404-238-9200.

Terri Monroe