

SAINT ANNE'S TERRACE MEMO

TO: Residents & Families

FROM: David Brooks, Associate Director

Date: January 22, 2021

Subject: Visitation Shut Down and Dining Room Reopening

Effective Sunday, January 24th at 1pm, the Terrace will be closed to all visitations. We did not make this decision lightly, but with the current COVID numbers across the state and country continuing to rise, it is in the best interest of safety for the Terrace to close visitation. Families have these next few days to make any necessary arrangements for groceries, supplies and the refilling of pill boxes. Personal Care recommends that some families should take home the pill bottles so they can better be on top of refills.

We understand how hard this is on everyone, but this shut down will allow us to safely do some in house group activities such as dinner once again. To do this, we must **go two weeks without any group activity to ensure no one has any symptoms nor have they had a risk of exposure to COVID before participating in any group activity.** We will still be offering our hallway events and delivering meals during that time. **On Monday, February 8th** we will start some of our group activities once again with the reopening of the dining room, Bingo, morning prayer, hand and foot, the evening movie and exercise with Derrick.

To participate in any activity, everyone must follow all proper social distancing guidelines, and everyone must wear a mask to participate in the activity. For the dining room, you must wear a mask on your way to the dining room and may take it off once you are seated. We have provided everyone with a cloth mask, if you need another one, please let us know and we will provide you with one.

For the dining room there will be two seatings. On Monday through Saturday, dinner will be served at 4:30pm and at 6:00pm. On Sunday, brunch will be served at 11:00am and at 12:30pm. We will be passing out a form soon for everyone to select which time you would like to go to the dining room, once you choose, that is the only time you can come down to eat. We must have time to thoroughly sanitize each area between services. Both dining venues will be available during each service. If you do not come during your designated time, we will deliver your meal to your apartment. **Please note that each table will only sit 4 people per table, so you will not be able to sit with a large group and you may not be able to sit with your "usual" group.** We want to make this fact known now, so we do not have the problems we had the last time we opened the dining room. Both dining venues will be open and available during each service. Also, please understand that we must follow strict guidelines to open this dining room, we wish we could do it the old way as well, but for now, this is the new normal for the foreseeable future.

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Lastly, our 10-day quarantine policy for anyone exposed to the virus or for anyone who leaves the property is still in effect, but the rules for COVID testing has changed. We follow the CDC guidelines, and they are always subject to change as they gain more knowledge about the virus. **According to the CDC you now must wait at least 5 to 7 days after possible exposure to get tested.** Therefore, if you leave the property, it does no good to get tested the same day you are off property. From this moment forward, **you must wait at least 5 days after you have left the property or after a possible exposure, before getting tested.** Any test you get done prior to waiting 5 days is invalid and your quarantine will be extended each day you leave the property.

While in quarantine you cannot visit with other residents in your apartment, or in their apartment. This has become a serious issue. **If you visit another resident or group of residents, or if someone comes to visit you and you are in quarantine, they will also be put on quarantine.** You will also not be able to participate in any group activity or go to the dining room while in quarantine. If you need something from Apple Annie's, need the trash taken out, a book from the library or something from the kitchen, call down to the desk and let us know and we will do it for you. While in quarantine we will only be swapping out your linen if it is the day you are to be cleaned, but we will go back and clean your apartment as soon as you are off quarantine. Again, the quarantine lasts 10 days if you are symptom free, or if after 5 days you go produce a negative COVID test. If for some reason you start exhibiting symptoms during anytime of quarantine, you must be symptom free for 48 hours without taking any fever reducing medication before leaving your apartment.

These rules are in place to ensure the continued safety of our facility. We have been extremely blessed, and quite frankly, very lucky so far and we want to do our best to keep it that way. At the end of the day, the safety of our residents and staff will always be our utmost priority.

Complacency has caused the COVID numbers to soar nationwide, now is not the time for us to become complacent. Now, more than ever, is the time for us to continue in earnest to put our best efforts forward to safely fight this virus. Please contact Terri, Antoinette, or David with any questions or concerns at 404.238.9200.

David Brooks